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BLEPHAROPLASTY

Many times the eyelids aesthetic problem is due to clinical factors and no surgery is suitable (edemas, etc.). Other times, the clinical problems are associated to the surgical and, even if the eyelids are properly operated, nevertheless a percentage of the original defect will persist, due to the associated clinical disturbance.

The eyelids plastic surgery just corrects the skin excesses, greasy bags and muscular flabbiness of the eyelids surrounding territory, being able, in certain cases, to improve the functional aspect besides the aesthetic one. However, it will not bring on any damage to the eyelids function aspects, since the postoperative evolution is normal.

There is not an ideal age, but the ideal opportunity to accomplish the surgery. This opportunity is determined by the presence of the defect to be corrected and it may happen in any age.

Since the eyelids skin is very thin, the scars tend to practically be hidden under the furrows of the skin. To happen so, the period of maturation of the scar should be awaited (6 months). Because of their location, they are susceptible to be hidden with a light make-up, since the first days.

For the extension of the surgery and the anesthetics' good quality, most of the cases is operated under local anesthesia (in some cases, a previous sedation can be given). They are rarely done under general anesthesia. We reserved this last conduct for the cases in which the local anesthesia is not clinically indicated (they are rare, though) or even, when the blepharoplasty is simultaneously being made to other surgeries.

There is usually no pain in the postoperative. Even when there is a larger sensibility or smaller pain outbreaks, they will perfectly be able to disappear with the use of common painkillers.

The edema (swelling) of the eyes varies from patient to patient. There are those who in the 4th or 5th day already get a quite natural aspect. Others will reach this result after the 8th day. Even so, the first 3 days of the postoperative are those in which occur a "swelling" of the eyelids, and it is possible the eyes to get occluded. The use of dark glasses can be useful in this phase, as well as the use of cold compresses may reduce the intensity of the edema. It is only after the 3rd month that we can say that the residual edema is discreet and it doesn't compromise the final result.

The bruises (purple marks) are nothing else but the blood infiltration in the underlying skin, and even in the conjunctive ocular (white part of the eyes), they are due to the surgical trauma itself. It is not any future problem, though. And it is not considered as a complication, but, a transitory and reversible intercorrence.

The definitive result will be reached after the 6th month. However, soon after the 8th day we will have about 50% of the longed result, and on the 2 or 3 subsequent weeks those percentages are strongly improved.

In the immediate postoperative we recommend the placement of cold compresses (physiologic serum or filtered water), several times a day, and it is the patient duty to control this procedure, as the edema (swelling) prophylaxis. If you are aware of what you want and the surgeon can propitiate you what is possible, no doubt the result is compensating. However, it is important to take into consideration the fact that the eyelids surgery doesn't provide general rejuvenation to the face, when it is done separately. Many patients wait for this result (rejuvenation) just with the blepharoplasty. The plastic surgeon will just improve that area damaged by the preexistent aesthetic defects.

The face rejuvenation implies in other associated conducts to the blefaroplastia. The crow's feet, even when properly operated, will never disappear, remaining the stigma, due to the action of the orbicular muscle and to the loss of the elasticity of the remaining skin.

Fonte: <http://www.umartinelli.com>